

Things to Consider

- Almost two-thirds of falls occurred in a private home, most commonly on stairs, in bedrooms, and in bathrooms.
- Medical/residential institutions were the second most common locations for fall-related TBI
- Medications (such as blood thinners) can play a significant role in TBI, putting the individual at increased risk



Presentations

Free presentations are offered for anyone who works with and supports older adults.

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Ontario Seniors Community Grant

Seniors - Brain Link

*Education on
Traumatic Brain Injury (TBI)
and Seniors*



Please visit our website to learn more:



TBI Statistics

50%

of fall related head injuries in seniors result in a TBI (*Public Health Agency of Canada*)

Traumatic Brain Injury (TBI)

Disruption in the normal function of the brain that can be caused by a blow, bump, or jolt to the head or other parts of the body.



Undiagnosed TBI can result in death. Head injuries should not be ignored.

Leading Impairments

The Seniors-Brain Link program provides information about these areas of impairment, and the best practices to support survivors.



Physical



Thinking



Communication



Feelings



Sense of Self



TBI Screening Tool

The acronym HELPS can be used to help screen for potential brain injury.

H

Have they **HIT** their head or were they hit on the head?

E

Were they seen in the **EMERGENCY** room, hospital or by a doctor because of injury to the head?

L

Did they **LOSE** consciousness or experience being dazed and confused because of an injury to the head?

P

Do they ever experience any of these **PROBLEMS** in their daily life since the injury to their head? (Headaches, dizziness, anxiety, depression or difficulty remembering).

S

Any significant **SICKNESS**?

If TBI is suspected, seek medical attention immediately.