

Please Meet Sarah: Survivor and Volunteer

Sarah is...

A friend, a daughter, and full-time puppy mom. She likes to use her imagination and creativity in all parts of her life; from cooking and baking to crafts and painting. She also loves to frequent antique shops and garage sales as she truly believes in the sentiment "one man's trash is another man's treasure"

After a car accident 3.5 years ago...

Sarah is still healing and learning to love herself.

In addition...

To participating and volunteering in survivor BIAWW programs, Sarah enjoys visiting her friends in nursing homes, and feeding the ducks (oats only of course!)

Sarah credits the BIAWW...

And the card-making program for helping her come out of her shell once more and providing a safe place where everyone has a common understanding of TBI, a place where we can laugh and share our stories, pain and progress. "I will be forever grateful"

Sarah says...

"I am taking this journey one step at a time; some days are worse than others but not a single day passes where I don't run into challenges. With the support from a group of heroes I am understanding my TBI, learning I am not alone, and recognize that it is okay to not be okay"

With the Covid-19 pandemic we need your help more than ever. Donate to the BIAWW Today! <http://www.biaww.org/donate.html>